

Who are our care services intended for?



Children and teenagers from **0 to 18/23 years**, with particular attention to their context

- ✓ With a problem that requires **mental health** care
- ✓ Residing in the **Brussels-Capital Region** or having their main place of residence in this region
- ✓ Requiring **mobile intervention** for medical, social and/or family reasons



Need **information** or **intervention** in **mental health**?

Call our hotline!



0485/71 19 42

Monday to Friday

09:00-12:30 | 13:00-16:30

Please note: On Mondays and Thursdays from 10:00 to 13:00, we are in meeting. Leave a message and we'll call you back as soon as possible.



Boulevard Léopold II 184 D
Brussels 1080



www.bru-stars.be



bru-stars



Mobile teams

of the Bru-Stars network

The Brussels mental health network
for children and adolescents

Our programs



1 Assertive care (ACT)

Multidisciplinary mobile **long-term** support
(2 to 12 months, renewable)

2 Crisis care

Multidisciplinary mobile **short-term** support
(4 to 6 weeks, renewable)



Fast response

48- to 72-hour response time for crisis care

Our care services



Multidisciplinary teams

Psychologists, social workers, nurses, educators, child psychiatrists



Mobile interventions

At home and in the living environment (school, etc.)



Consultation with the network

Collaboration with shared responsibility



Free treatment

Also for people without health insurance coverage



Linguistic accessibility

Possibility of having an interpreter to facilitate communication

Intervention request

The request must be submitted by **a professional** (mental health, general medicine, PMS, SAJ, justice, associations, etc.)

The following **information** is required:

- 1 Administrative details
- 2 Family and welfare situation
- 3 Nature of difficulties (clinical, behavioral, relational aspects, etc.)

The **person making the request** remains involved throughout the care provided by the Bru-Stars mobile teams.